

West Coast Cup 2024 Schedule

As of January 31, 2024

Saturday, February 3rd 2024

Start	Finish	
7:00 AM	7:30 AM	Gym Opens for Warm-up and Open Carpet.
7:30 AM	7:45 AM	Timed warm-up for Rotation 1 and 2.
7:45 AM	8:57 AM	Rotation 1: Interclub A all age categories, Level 1A all age categories, Level 1B Child, Level 3A Child.
9:00 AM	10:08 AM	Rotation 2: Level 3A Pre-Novice, Level 3A Novice.
10:15 AM	10:30 AM	Judges' Break. Timed warm-up for Rotation 3 and 4.
10:30 AM	11:02 AM	Rotation 3: Level 2B Pre-Novice, Level 2B Novice.
11:20 AM	11:54 AM	Rotation 4: Level 2B Jr, 2B Sr, 3A Jr, 3A Sr, Interclub B Child, Interclub B Pre-Novice, Interclub B Novice, Interclub B Junior.
12:00 PM	1:00 PM	Lunch. Awards for Morning. Timed warm-up for Rotation 5
1:00 PM	1:39 PM	Rotation 5: GROUP: Level 3 BC Games Group, Level 4 Group, Level 5 Group
1:39 PM	1:49 PM	Judges' Break. Timed warm-up for Rotation 6
1:49 PM	3:13 PM	Rotation 6: Level 2C Regional, Level 3C Regional
3:15 PM	3:35 PM	Judges' Break. Timed Warm-up for Rotation 7.
3:50 PM	4:38 PM	Rotation 7: Level 3B Regional
4:38 PM	4:48 PM	Judges' Break. Timed Warm-up for Rotation 8
4:48 PM	5:36 PM	Rotation 8: Level 4B Regional, Level Novice 2 Apparatus
5:36 PM	6:45 PM	Judges' Dinner. Awards for afternoon. Timed warm-up for Rotation 9.
6:45 PM	8:21 PM	Rotation 9: National Junior 2 Apparatus, National Senior 2 Apparatus.

Sunday, February 4th, 2024

Start	Finish	
7:00 AM	7:30 AM	Gym Opens for Warm-up and Open Carpet.
7:45 AM	8:00 AM	Timed warm-up for Rotation 10
8:00 AM	9:30 AM	Rotation 10. Level 1 Group, Level 3B Prov Child, 3B Prov Pre-Novice (2013 and 2014)
9:30 AM	9:45 AM	Judge's Break. Timed Warm-up Rotation 11.
9:45 AM	11:04 AM	Rotation 11. Level 3B Prov Novice (2011 and 2012), Level 3B Junior
11:04 AM	11:20 AM	Judge's Break. Timed warm-up Rotation 12.
11:20 AM	12:27 PM	Rotation 12. Level 4A, Level 5A, Level 6A
12:27 PM	1:20 PM	Lunch. Awards for morning. Timed warm-up for Rotation 13.
1:20 PM	2:36 PM	Rotation 13. National Junior 2 Apparatus.
2:36 PM	2:48 PM	Timed warm-up for Rotation 14
2:48 PM	3:38 PM	Rotation 14. National Senior 2 Apparatus, Level 5B, Level 6B, Level 6C
3:38 PM	3:45 PM	Judges' Break. Timed warm-up for Rotation 15.
3:45 PM	5:03 PM	Rotation 15. Level 4C, Level 5C, National Novice
5:13 PM	5:30 PM	Final Awards
5:30 PM	6:00 PM	Clean-up. Teams please clean up and clear-out quickly; there is a 6pm rental in the gym.