

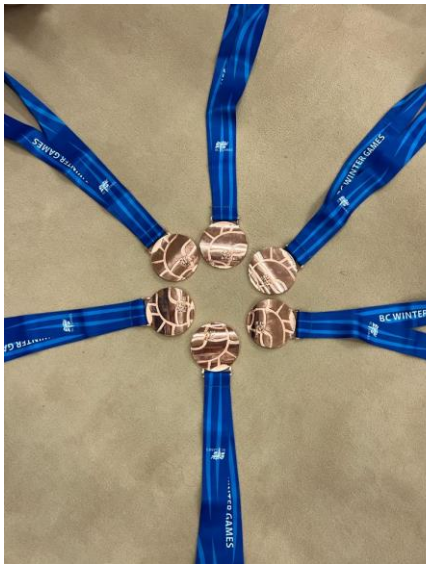
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Victoria's West Coast Rhythmic Gymnasts Medal at the 2023 BC Winter Games

West Coast Rhythmic Gymnastics Medals from the 2023 BC Winter Games

West Coast Rhythmic Gymnastics Club (WCRG) based in Victoria BC, sent a team of six young rhythmic gymnasts from across Greater Victoria to Vernon for five days from March 22 to 26, 2023 to represent Vancouver Island (Zone 6) at the first BC Winter Games since COVID. Rhythmic Gymnastics is the youngest sport in the Games with gymnasts ranging from age 9 to 12.

These six (6) WCRG gymnasts brought home six (6) Bronze Medals earning four (4) in Group and two (2) individual (in Hoop and in Clubs).



Pictured L to R: Maya Costa, Chelsea Ward, Khloe Sneek, Vanessa Seelinger, Daelvn Bunvan, and Molly Maclver.

Rhythmic gymnasts are the youngest competitors at the BC

Winter Games; it is predominantly a female sport. The format consists of individual and group competitions. Read about the Team in this [Times-Colonist Article](#).

The Club is celebrating its 40th anniversary this year as a not-for-profit rhythmic gymnastics club. West Coast Rhythmics has been a positive influence in the lives of thousands of recreational and competitive athletes on Vancouver Island bringing a lesser-known sport to the Victoria area and bringing sport into the lives of so many girls. The team

trains out of Shoreline Community School and St. Margaret's School.

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